

**Vail Meadows**

Equestrian



Center

THE PLACE TO BE

WE ARE PROUD TO ANNOUNCE  
NEW SESSION  
OF

# HORSE SCIENCE COURSE FOR KIDS



**STARTING 2008**

Ages 6-12

4 weeks one night a week

Levels are completed consecutively

**VAIL MEADOWS EQUESTRIAN CENTER**

**6118 CEDAR POINT RD OREGON, OHIO**

**419-697-8960**

**SPACE IS LIMITED RESERVE NOW!**

# Vail Meadows



## Equestrian

## Center

### THE PLACE TO BE

#### Horse Science Course for Kids

This is a course for kids who have an interest in the horses, care and riding. The course is suited around the age group of 6-12 years. This course has been designed for learning the fundamentals of care, maintenance and riding basics. This course is designed for three levels, all levels to be completed consecutively. Vail Meadows is proud to announce our new instructor, Virginia (Gin) Kirchmaier, who comes to Vail with an extensive early childhood and elementary education background. Gin has also has more than 20 years of horse experience

#### Vail Meadows Horse Science Course

November 12, 2007

#### **Basic Horse Science**

Mondays 6:00 – 7:00 pm (4 weeks)

Cost for this level \$80.00 for 4 weeks to be paid in advance

Week 1 Meet in Welcome area to complete paper work and submit payment

- Tour Vail Meadows arena and barns
- Meet horses learn breeds, colors, and markings
- Discuss barn and horse safety
- Discuss general overview of horse responsibility and riding

Question of the week?? Something that is said at the beginning of class, who remembers \_\_\_\_\_??

Week 2 Meet in therapy barn

- Review overall horse responsibility and riding
- Discuss different types of tack
- Learn how to groom a horse/pony
- Practice mounting/dismounting a saddle while on rack

Question of the week?

Week 3 Meet in boarder barn (blue barn)

- Groom horse/pony
- Lead horse/pony with assistance
- Discussion nutrition
- Discuss barn chores

Question of the week?

Week 4 Meet in boarder barn

- Groom horse/pony
- Tack horse/pony with assistance
- Lead horse/pony by self around barn
- Mount horse/pony and walk around barn with assistance
- Review all lessons

Question of the week?

**Congratulations!! Completing all four classes allows you to begin riding☺**

Vail Meadow Horse Science  
November 5, 2007  
**Beginning Riding**  
Mondays 7:30-8:30 pm  
Cost for this level \$100.00 for 4 weeks to be paid in advance

Week 1 Meet in Welcome area to complete paperwork and submit payment

- Groom and tack horse in arena
- Mount and walk around arena
- Show understanding of basic commands WALK and WHOA
- Show understanding of steering and following directions
- Untack and lead to barn

Goal: Gain confidence around horse and barn. Show confidence in leading to barn so next week students can lead to arena.

Week 2 Meet in barn

- Lead horses to arena
- Groom and tack
- Walk around arena following directions
- Try trotting if student is ready (determined by instruction)
- Walk obstacle course, following instructions
- Dismount and untack
- Lead to barn to put away

Goal: Continue to gain confidence, show horse and instructor that you are in charge.

Week 3 Meet in barn

- Lead horse to arena and prepare to ride.
- Trot if ready, follow direction of WALK<TROT<WALK>WHOA
- Practice proper sitting position
- Complete obstacle course, create own and show others
- Prepare to return horse to barn

Goal: Be in charge of horse, show knowledge of preparing to ride, improve abilities on the horse.

Week 4 Meet in barn

- Verbally and nonverbally show how to prepare your horse for riding
- Bareback riding if ready

**Congratulations! You have completed beginning riding. You can move on☺**

Vail Meadows Horse Science  
**Intermediate Riding**

Date/time to be announced

Cost for this level \$120.00 for 4 weeks to be paid in advance

\*Class time includes preparation for riding at the beginning and end of actual riding\*

Week 1 Meet in therapy barn

- Lead your horse to the arena
- Groom and tack
- Mount and walk around arena
- Follow instructions, show knowledge of riding ability.
- Group instruction will take place, with focus on improvement of individual abilities

Goal: Show abilities in overall riding and care of horses. Understand and follow instruction during class time.

Week 2 Meet in barn to bring horse to arena unassisted.

- Demonstrate all steps in preparation to ride.
- Follow instruction and ability. Work on specific needs (re: seat position, commands)

Week 3 Bring horse from barn and prepare to ride

- As walk and trot commands improve, cantering will be introduced.
- Learn how to work your horse and cool down properly.

Week 4 Show total independence